

BALLET

CO. LABORATORY

Adult & Teen Drop-In Class Schedule

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am					Pilates 9:00-9:45am with Sage	Beginning Adult / Teen Ballet 9:15-10:30am with Genevieve
10:00am	Gentle Adult / Teen Ballet 10:00-11:30am with Amanda	Advanced Adult / Teen Ballet 10:00-11:30am with Yuki	Advanced Adult / Teen Ballet 10:00-11:30am with Genevieve	Gentle Adult / Teen Ballet 10:00-11:30am with Anna G.	Advanced Adult / Teen Ballet 10:00-11:30am with Leah	Intermediate Adult / Teen Ballet 10:30am-12:00pm with Genevieve
11:30am / 12:00pm	Ballet Conditioning 11:30am-12:00pm with Amanda					Adult / Teen Pointe 12:00-12:45pm with Genevieve
6:00pm / 6:30pm		Intermediate Adult / Teen Ballet 6:30-8:00pm with Zoé	Beginning Adult / Teen Ballet 6:00-7:15pm with Genevieve	Intermediate Adult / Teen Ballet 6:30-8:00pm with Laura		

This schedule begins Wednesday, September 6, 2023 and continue through May 31, 2024